

Thank you for downloading this printable packet from [Real Life at Home](#):

This packet is for personal or single classroom use, unless you have purchased a large group license. Please use it only according to the usage that you have purchased.

You may use these printable pages contained in this download with your own children or in a single classroom setting. By using the printables in this packet, you agree that you will not alter, copy, reproduce, modify, or create derivative works based on the items contained in this packet. You may post pictures of your family or classroom using these downloads on your personal blog or website as long as [Real Life at Home](#) is properly credited by name and there is a link to the site <https://www.reallifeathome.com/>

You may NOT redistribute this printable packet.

You may not reproduce, sell, repackage, or give this free printable packet (in part or in whole) to anyone else in any form or fashion. You may not copy and send it to anyone via email, or any file sharing groups via Facebook, Dropbox, Mediafire, or similar sites. To share this printable packet with others, please send them directly to [Real Life at Home](#) at www.reallifeathome.com

Modifying the Real Life at Home Terms of Use

Angie Kauffman has the right to modify these terms of use at any time and for any reason. If the terms of use are modified, the most current valid terms of use will replace all previous terms of use. It is the responsibility of the party downloading printables to know the current terms of use, which can be found on the original post for the printable, as well as at <https://www.reallifeathome.com/terms-of-use/>

You have permission to:

- ⇒Download this printable set to your hard drive and then print them from your computer. You may use this packet with your family for personal use.
- ⇒You may also use it in a single classroom.
- ⇒Tell people about the printables by sharing a link to the site, not directly to the .pdf file.
- ⇒Post pictures of your children or students using any of my printables as long as you attribute them to Real Life at Home with the correct name and URL.

You do NOT have permission to:

- ⇒You must not remove the copyright notice and website address of Real Life at Home at the bottom of the worksheets.
- ⇒You may not alter the worksheet or printable items in any way.
- ⇒**You may not share this file with anyone else. Please direct them to the site to download it instead.**
- ⇒You may not sell or profit from any worksheet in this set from Real Life at Home in any way.
- ⇒You may not host this file on your own site or any type of file-sharing site such as Yahoo Groups, Google Docs, etc.

How to Use These Pages

The Lenten planning pages in this packet are perfect for both children and adults. The first page has directions and open boxes for writing. Both the second and third pages have the same areas but give some possible options to help children or adults who are having trouble coming up with ideas. **Please note that the third page has a few ideas in the "Prayer" box that are specifically Catholic.** If you are not Catholic, you will likely prefer to use only the first or second page.

If you have any questions about the use of this worksheet set, please contact Angie Kauffman at angie@reallifeathome.com. Also, thank you for your honesty in your usage of this packet by following the terms of use and by not sharing the packet in whole or part with other teachers or families who have not paid for the packet.

My Plan for Lent this Year

Lent is a time when we are called to refocus and live more simply while striving to be closer to God, and to live more like Jesus taught us to live our lives. Lent includes a focus on prayer, fasting, and almsgiving/service.

Make a plan for at least one thing you will do during Lent this year for each focus area of the Lenten season.

Prayer:

Almsgiving / Service:

Fasting:

My Plan for Lent this Year

Lent is a time when we are called to refocus and live more simply while striving to be closer to God, and to live more like Jesus taught us to live our lives. Lent includes a focus on prayer, fasting, and almsgiving/service.

Make a plan for at least one thing you will do during Lent this year for each focus area of the Lenten season.

Prayer:

Ideas: Read from the Bible each day, specific time for quiet and prayer every day, pray for someone new from church/school/work each day, attend church at least once during the week other than on a Sunday.

Almsgiving / Service:

Ideas: Volunteer for a local organization, give up some of your normal spending and donate the money to those in need, help a friend or neighbor in need, visit and elderly friend or relative who doesn't get many visitors.

Fasting:

Ideas: Give up a certain food/drink/candy you love, give up the computer or TV one day per week, stop eating meals from out, give up an activity that wastes your time, focus on having simple meals during Lent, fast one day per week.

My Plan for Lent this Year

Lent is a time when we are called to refocus and live more simply while striving to be closer to God, and to live more like Jesus taught us to live our lives. Lent includes a focus on prayer, fasting, and almsgiving/service.

Make a plan for at least one thing you will do during Lent this year for each focus area of the Lenten season.

Prayer:

Ideas: Read from the Bible each day, specific time for quiet and prayer every day, pray for someone new from church/school/work each day, attend one weekday Mass each week, go to Adoration each week, pray a decade of the Rosary every day.

Almsgiving / Service:

Ideas: Volunteer for a local organization, give up some of your normal spending and donate the money to those in need, help a friend or neighbor in need, visit an elderly friend or relative who doesn't get many visitors.

Fasting:

Ideas: Give up a certain food/drink/candy you love, give up the computer or TV one day per week, stop eating meals from out, give up an activity that wastes your time, focus on having simple meals during Lent, fast one day per week.