

10 August Activities for Catholic Families



- 1. **Work on memorizing one prayer or Bible verse with your children this month.** You could start with these: <http://www.catholicicing.com/printable-abc-scripture-cards-for-catholics-free/>
- 2. **Complete some of the Feast of the Transfiguration activities** from Three Sided Wheel (August 6th): <http://bit.ly/JesusTransfiguration>
- 3. **Go out past city lights to do some star watching.** How many constellations can you find? Saint Dominic is the patron saint of astronomers and has a feast day of August 8th. Here is a stargazing scavenger hunt that might be fun: <https://www.reallifeathome.com/printable-star-gazing-scavenger-hunt/>
- 4. **Plan a cookout for your family and friends** in honor of Saint Lawrence, patron saint of grill cooks. His feast day is August 10th.
- 5. **Make a sacrifice this month that benefits another person.** Saint Maximilian Kolbe, who gave up his life to save someone else's life, has his feast day on August 14th.
- 6. **Attend Mass on August 15th for the Assumption of the Blessed Virgin Mary.** It's a Holy Day of Obligation! You can also do this Assumption of Mary craft: <https://www.reallifeathome.com/feast-of-the-assumption-craft/>
- 7. **If you missed out on doing a May crowning, you can still do one** on August 22nd for the Queenship of Mary. You could also do it with this craft activity: <https://www.reallifeathome.com/mary-queen-of-heaven-printable-activity/>
- 8. **Find a tutorial for making frosting roses and use them to decorate a sweet treat.** Saint Rose of Lima's feast day is August 23rd. You could also make paper roses with this template: <https://www.reallifeathome.com/super-easy-valentines-paper-rose-cutout/>
- 9. **Have some prayer time for family members that may have fallen away from the church** in honor of Saint Monica's feast day on August 27th.
- 10. **Do something nice for your Mom**, in honor of Saint Augustine, whose mother (Saint Monica) followed him and prayed for years for his conversion to Christianity. Saint Augustine's feast day is August 28th.