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10 Holy Week Activities for Families

- 1. Follow directions to fold your palms from Palm Sunday into a cross or another decorative shape. <http://www.catholicicing.com/how-to-fold-a-palm-cross-in-10-easy-steps/>
- 2. Attend at least one weekday or special church service or activity during Holy Week.
- 3. Attend Stations of the Cross or do a Stations of the Cross reflection or drawing project at home. Stations of the Cross for Children: <https://www.reallifeathome.com/printable-stations-of-the-cross-for-children/> Stations of the Cross Draw and Write Activity: <https://www.reallifeathome.com/stations-of-the-cross-activity/>
- 4. Pray for people in your church and around the world who are preparing for Easter, especially people living in parts of the world where it can be dangerous to be a Christian.
- 5. Make your own set of Resurrection Eggs to help children with the story of death and resurrection of Jesus. <http://www.catholicicing.com/catholic-resurrection-eggs/>
- 6. Maundy Thursday's focus on cleansing is a reason that families often used to thoroughly clean their homes right before Easter. Pick some areas of your home (or your whole home) for your family to clean during Holy Week to be fresh and ready for Easter.
- 7. On Maundy Thursday, do a foot washing with your family. Talk about ways each family member can serve others in the way that Jesus calls us to do.
- 8. Make hot cross buns together with your family. Find ways to have everyone join in on making them, even if it's just by adding in some ingredients or helping to add the icing crosses.
- 9. Spend time on Good Friday (particularly between noon and 3 pm) in prayer or reflection. Consider making it a time with no television or Internet.
- 10. Make these special Easter Story Cookies on Holy Saturday to enjoy on Easter. <http://www.catholicicing.com/how-to-make-easter-story-cookies-with-a-printable-recipe/> If you prefer, you can try these Empty Tomb Rolls: <https://lovelylittlekitchen.com/empty-tomb-rolls/>