

Ten January Activities for Catholic Families



1. **Celebrate New Year's Day (or Eve) with your family.** Make it a memorable day with fun activities, treats (maybe even sparkling juice), and family togetherness.
2. **Attend Mass on the solemnity of Mary, Mother of God (January 1st).** It's a Holy Day of Obligation. Here's a coloring page for the day of Mary with Baby Jesus: <https://www.reallifeathome.com/mary-and-baby-jesus-coloring-page/>
3. As the new year begins, **reminisce with your family about the past year and talk about plans and goals for this year.**
4. **Make a beautiful, decorative sign or piece of art work with Jesus' name on it to honor the Most Holy Name of Jesus** (January 3rd). If you prefer, here is a Holy Name of Jesus coloring page: <https://www.reallifeathome.com/most-holy-name-of-jesus-coloring-page/>
5. **Do an Epiphany Home Blessings by writing 20+C+B+M+18 above your front door in chalk (using the current year).** You can search for more details about this tradition or use those shared in this wonderful post from Joyfilled Family: <http://joyfilledfamily.blogspot.com/2012/01/feast-of-epiphany.html>
6. **Go star gazing to celebrate Epiphany.** Have the children to find the brightest stars in the sky. Discuss how the wise men might have felt while they were traveling to meet the new King, Jesus.
7. **Make or buy a King Cake to mark Epiphany.** If your kids are old enough for it to be safe, hide a coin, bean, or baby Jesus figure inside. The one who finds it can wear a crown that you buy or make. Here's a 20 minute version: <https://www.reallifeathome.com/easy-king-cake-20-minutes/>
8. To celebrate the Baptism of Our Lord (Sunday after Epiphany), **share pictures and keepsakes of your children's baptisms with them.** Tell them about the events and emotions of that day.
9. Many January saints taught others, such as St. John Bosco, St. Elizabeth Ann Seton, St. Angela Merici, and St. Thomas Aquinas. In their honor, **learn a Bible verse, prayer, or activity to teach others about your faith.**
10. **Try to learn to juggle** like Saint John Bosco (January 31st) did to entertain people.