$\overleftarrow{}$ $\stackrel{\wedge}{\bowtie}$ $\overset{\wedge}{\bowtie}$ $\overleftarrow{}$ 5 ক্ষ $\stackrel{\wedge}{\bowtie}$ $\stackrel{\wedge}{\bowtie}$ $\overleftarrow{}$ ক্ষ ন্দ্র

Advent Activities for Catholic Families

ক্ষ Make and deliver treats to neighbors

- Give Jesus a birthday gift by giving a gift to someone in need
- Donate a bag of food to a local food pantry or food bank

Pray for good things for someone who has been unkind to you

Visit an elderly friend or relative who doesn't get many visitors

Make a handmade gift for someone

Celebrate the feast days of St. Juan ক্ষ Diego and Our Lady of Guadalupe with a Mexican-themed meal & celebration

- Go to a weekday Mass or Adoration
- Volunteer your time at church, school, or a local organization
- Surprise someone by doing a task or chore they normally do
- Genuinely compliment someone who isn't expecting it
- Make a creative project that helps you reflect on the true meaning of Christmas

Do something to help the Earth

Attend an Advent or Christmas-themed ক্ষ musical performance, play, or Living Nativity

52 Go to Reconciliation



- Do something to make the holiday season better for someone who needs it
- Read one of the Gospel accounts of the $\overleftarrow{}$ birth of the Jesus

Have a family night at home playing games while enjoying hot chocolate and

- ক্ষ snacks
- Watch a family Christmas movie ন্দ
- Use an Advent wreath or Jesse Tree ヹ throughout Advent



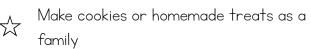
Buy at least one gift this year from a small business (local or online)



ঠ্ন

ঠ্ন

- Make saffron buns (or cinnamon rolls, if you prefer) for St. Lucy's feast day
- Write a note to someone who has had a positive impact on your life



- Read at least one book about Christmas traditions in another country
- Pray the Rosary (or even just one $\overleftarrow{}$ decade) as a family

Attend an Advent or Christmas-themed Musical performance, play, or Living Nativity
Go to Reconciliation
Do something to make the holiday seasor better for someone who needs it
$\stackrel{\text{Read one of the Gospel accounts of the}}{\scriptstyle \qquad \qquad$
Have a family night at home playing games while enjoying hot chocolate and snacks
Watch a family Christmas movie
Use an Advent wreath or Jesse Tree throughout Advent
\mathcal{K} Buy at least one gift this year from a small business (local or online)
Make saffron buns (or cinnamon rolls, if you prefer) for St. Lucy's feast day
${\underbrace{}}$ Write a note to someone who has had a positive impact on your life
Make cookies or homemade treats as a family
Read at least one book about Christmas traditions in another country
Pray the Rosary (or even just one

(