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## Advent Activities for Catholic Families

ক্ষ Make and deliver treats to neighbors

- Give Jesus a birthday gift by giving a gift to someone in need
- Donate a bag of food to a local food pantry or food bank

Pray for good things for someone who has been unkind to you

Visit an elderly friend or relative who doesn't get many visitors

5 Make a handmade gift for someone

Celebrate the feast days of St. Juan ন্দ্র Diego and Our Lady of Guadalupe with a Mexican-themed meal & celebration

- Go to a weekday Mass or Adoration
- Volunteer your time at church, school, or a local organization
- Surprise someone by doing a task or chore they normally do
- Genuinely compliment someone who isn't expecting it

Make a creative project that helps you reflect on the true meaning of Christmas

Do something to help the Earth

Attend an Advent or Christmas-themed ক্ষ musical performance, play, or Living Nativity

52 Go to Reconciliation



Do something to make the holiday season better for someone who needs it

Read one of the Gospel accounts of the  $\overleftarrow{}$ birth of the Jesus

Have a family night at home playing games while enjoying hot chocolate and

- ক্ষ snacks
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  - Watch a family Christmas movie
- Use an Advent wreath or Jesse Tree ヹ throughout Advent

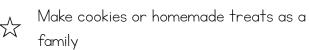


- Buy at least one gift this year from a small business (local or online)
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- Make saffron buns (or cinnamon rolls, if you prefer) for St. Lucy's feast day
- Write a note to someone who has had a positive impact on your life



- - Read at least one book about Christmas traditions in another country
- Pray the Rosary (or even just one  $\overleftarrow{}$ decade) as a family

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