

# *Advent Activities for Catholic Families*

- ☆ Make and deliver treats to neighbors
- ☆ Give Jesus a birthday gift by giving a gift to someone in need
- ☆ Donate a bag of food to a local food pantry or food bank
- ☆ Pray for good things for someone who has been unkind to you
- ☆ Visit an elderly friend or relative who doesn't get many visitors
- ☆ Make a handmade gift for someone
- ☆ Celebrate the feast days of St. Juan Diego and Our Lady of Guadalupe with a Mexican-themed meal & celebration
- ☆ Go to a weekday Mass or Adoration
- ☆ Volunteer your time at church, school, or a local organization
- ☆ Surprise someone by doing a task or chore they normally do
- ☆ Genuinely compliment someone who isn't expecting it
- ☆ Make a creative project that helps you reflect on the true meaning of Christmas
- ☆ Do something to help the Earth
- ☆ Attend an Advent or Christmas-themed musical performance, play, or Living Nativity
- ☆ Go to Reconciliation
- ☆ Do something to make the holiday season better for someone who needs it
- ☆ Read one of the Gospel accounts of the birth of the Jesus
- ☆ Have a family night at home playing games while enjoying hot chocolate and snacks
- ☆ Watch a family Christmas movie
- ☆ Use an Advent wreath or Jesse Tree throughout Advent
- ☆ Buy at least one gift this year from a small business (local or online)
- ☆ Make saffron buns (or cinnamon rolls, if you prefer) for St. Lucy's feast day
- ☆ Write a note to someone who has had a positive impact on your life
- ☆ Make cookies or homemade treats as a family
- ☆ Read at least one book about Christmas traditions in another country
- ☆ Pray the Rosary (or even just one decade) as a family

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