

10 September Activities for Catholic Families



- 1. **Labor Day is the first Monday in September.** Take time to write a note or give a small gift to someone who works hard for your community (or for your family).
- 2. **Learn about Saint Teresa of Calcutta.** Saints can seem like people from long ago to children. Talk to them about Saint Teresa of Calcutta (including when she lived and died), her work, and her writings as a way to show children that even modern day people can be saints. Her feast day is September 5th. Here are printables you can use: <http://www.reallifeathome.com/saint-teresa-of-calcutta-printables/>
- 3. **Grandparents Day is the first Sunday after Labor Day.** Help your children do something special for their grandparents or plan to spend the day with them, if possible.
- 4. **Decorate wooden or paper letters spelling out MARY.** Be as colorful and creative as you want to celebrate the Most Holy Name of Mary (September 12th).
- 5. **Find your favorite cross craft** to create on September 14th for the Exaltation of the Holy Cross.
- 6. **September 22nd marks the beginning of Autumn!** Try one of these fall crafts to celebrate: <http://thechaosandtheclutter.com/archives/easy-fall-crafts>
- 7. **Donate to the less fortunate.** Look around your room, house, or pantry for items or food to donate in honor of the feast day of St. Vincent de Paul on September 27th.
- 8. **Be a peacemaker.** Do something nice for someone that you sometimes argue with in honor of the feast day of St. Wenceslaus, which is on September 28th.
- 9. **Learn a prayer or short phrase** (such as Ora Pro Nobis, which means “pray for us”) **in Latin.** Saint Jerome translated the Bible from Hebrew to Latin, and his feast day is September 30th.
- 10. **Make bread.** Jesus is the Bread of Life. Pick out your favorite bread recipe and have your children help you make it.